
The Behavioral, Emotional, and Social Skills Inventory, 20-item Short Form (BESSI-20)
Scoring Information

Scoring the BESSI-20 Skill Domains

Each of the five domain scales should be scored by averaging its three or four BESSI items.

Self-Management Skills = 1, 6, 11, 16

Social Engagement Skills = 2, 7, 12, 17

Cooperation Skills = 3, 8, 13, 18

Emotional Resilience Skills = 4, 9, 14, 19

Innovation Skills = 5, 10, 15, 20