
The Behavioral, Emotional, and Social Skills Inventory, 45-item Short Form (BESSI-45)
Scoring Information

Scoring the BESSI-45 Skill Domains

Each of the five domain scales should be scored by averaging its nine BESSI items.

Self-Management Skills = 1, 6, 11, 16, 21, 26, 31, 36, 41

Social Engagement Skills = 2, 7, 12, 17, 22, 27, 32, 37, 42

Cooperation Skills = 3, 8, 13, 18, 23, 28, 33, 38, 43

Emotional Resilience Skills = 4, 9, 14, 19, 24, 29, 34, 39, 44

Innovation Skills = 5, 10, 15, 20, 25, 30, 35, 40, 45